

Your Name

Formation

Item	Stage	Level	PDR	Criteria	Lesson	Self Assess	Peer Assessed By	Date Assessed
1	1	Introductory Skills	Plan	I can dress myself for a boating trip	Prepare Safely for Boating Sailing			
2	1	Introductory Skills	Plan	I can explain the buddy system.	Prepare Safely for Boating Sailing			
3	1	Introductory Skills	Plan	I know what a PFD is and why I have to wear one when on a boat.	Prepare Safely for Boating Sailing			
4	1	Introductory Skills	Plan	I know how to stay with my buddy and the boat if it tips over	Prepare Safely for Boating Sailing			
5	1	Introductory Skills	Plan	I can take care of my equipment for the duration of a boating trip.	Prepare Safely for Boating Sailing			
6	1	Introductory Skills	Plan	I can tie a reef knot	Knots			
7	1	Introductory Skills	Do	I can swim 10 metres with a PFD	Swimming			
8	1	Introductory Skills	Do	I can explain the risks of exposure to weather	Prepare Safely for Boating Sailing			
9	1	Introductory Skills	Do	I can get in and out of my watercraft safely.	Prepare Safely for Boating Sailing			
10	1	Introductory Skills	Do	I have taken part in a short boating adventure of at least one hour.				
11	1	Introductory Skills	Do	I can show where the bow and stern are on a boat				
12	1	Introductory Skills	Review	I can talk about what I enjoyed by participating in a boating trip.	Review			
14	2	Basic Water skills	Plan	I can select the correct PFD for me	Prepare Safely for Boating Sailing			
15	2	Basic Water skills	Plan	I can put on and adjust my PFD	Prepare Safely for Boating Sailing			
16	2	Basic Water skills	Plan	I can discuss what safety precautions we should take before going out on the water	Prepare Safely for Boating Sailing			
17	2	Basic Water skills	Plan	I can explain the importance of wearing the right clothing and safety gear while boating.	Prepare Safely for Boating Sailing			
18	2	Basic Water skills	Plan	I can describe four appropriate actions I should take if I capsize a sailboat or rowboat.	Prepare Safely for Boating Sailing			
19	2	Basic Water skills	Plan	I know how to signal for help	Prepare Safely for Boating Sailing			
20	2	Basic Water skills	Plan	I can label a diagram describing all of the essential equipment required for boating activities.				
21	2	Basic Water skills	Plan	I can tie a knot that will help me on a boating trip				
22	2	Basic Water skills	Do	I can swim 25 metres wearing my PFD.				
23	2	Basic Water skills	Do	I can protect myself when exposed to the sun and other elements	Prepare Safely for Boating Sailing			
24	2	Basic Water skills	Do	I can rig my boat with help and then practise getting into and out of my boat safely.	Prepare Safely for Boating Sailing			
25	2	Basic Water skills	Do	I have taken part in at least two boating trips at this stage.				
26	2	Basic Water skills	Do	I can show where I should sit in my boat and I know my role when I'm in the boat				
27	2	Basic Water skills	Do	I can demonstrate how to clean down my boat before storing it.				
28	2	Basic Water skills	Review	I have talked about what I enjoyed, learnt, or improved upon from at least two boating trips.	Review			
29	2	Basic Water skills	Review	I can suggest what could be done differently on a future boating activity, to enjoy it more, to be safer, or to learn new things.	Review			
30	3	Basic Water skills	Plan	I know what DRSABCD stands for and how to use it in emergency situations				
30	3	Basic Water skills	Plan	I know the difference between a tack and a gybe				
31	3	Basic Water skills	Plan	I have taken part of at least 5 boating trips by the end of stage 3				
32	3	Basic Water skills	Plan	I have explained what impact I can have on the local environment when boating				
33	3	Basic Water skills	Plan	I know how and where to get the latest weather forecast for the area I will be boating in				
34	3	Basic Water skills	Plan	I have discussed basic water safety while participating in boating activities as it applies to my State and Branch	Prepare Safely for Boating Sailing			
35	3	Basic Water skills	Plan	I can identify 6 types of sail craft				
36	3	Basic Water skills	Plan	I have helped a lower stage Scout learn to put his or her PFD on	Prepare Safely for Boating Sailing			
37	3	Basic Water skills	Do	I have taken part in at least two boating trips at this stage.				
38	3	Basic Water skills	Do	I have capsized a sailboat or rowboat while sitting in it				
39	3	Basic Water skills	Do	I can get back to my sail boat or row boat with help from someone in another boat if my watercraft has capsized				
40	3	Basic Water skills	Do	I can swim and demonstrate the HELP and huddle positions while in the water or wearing a PFD				
41	3	Basic Water skills	Do	I can swim 50 meters with my PFD on using any stroke				
42	3	Basic Water skills	Do	I can teach the importance of the buddy system to a scout in stage 1	Prepare Safely for Boating Sailing			
43	3	Basic Water skills	Review	I have discussed with my Patrol some ways that we can improve the safety of future boating trips	Review			
44	4	Introductory Sailing	Plan	I am familiar with the signs and symptoms of hypothermia and hyperthermia.				

45	4	Introductory Sailing	Plan	I ensure sufficient fluids are available for the duration of the activity.	Prepare Safely for Boating Sailing			
46	4	Introductory Sailing	Plan	I can read an itinerary for a proposed small sailing boat trip and understand what I am required to do	Plan Trip			
47	4	Introductory Sailing	Plan	I can identify the equipment I am required by law to have with me while boating.	Plan Trip			
48	4	Introductory Sailing	Plan	I can prepare equipment, where required, for safe transportation to an activity location including the requirements to rig the boat	Plan Trip			
49	4	Introductory Sailing	Plan	I can name 15 different parts of a small sailboat, what they do and what they are needed for				
50	4	Introductory Sailing	Plan	I can explain how damaged centreboards can affect my sailing performance.				
51	4	Introductory Sailing	Plan	I have prepared with my Patrol a small sailboat for towing on the water				
52	4	Introductory Sailing	Do	I have taken part in and logged at least two small sailboat trips at this stage				
53	4	Introductory Sailing	Do	I have assisted to steer a small sailboat going upwind or downwind at this stage.				
54	4	Introductory Sailing	Do	I have learnt a minimum of four sailing principles during Stage 4 and have demonstrated an understanding of them while on the water				
55	4	Introductory Sailing	Do	I have assisted with rigging a sail and can name three types of sails and the parts of those sails				
56	4	Introductory Sailing	Do	I have been a part of a crew and can work the jib sheet under instruction				
57	4	Introductory Sailing	Do	I can interpret navigation marks and know how to maintain a lookout				
58	4	Introductory Sailing	Do	I have taken part in a capsizing training drill in deep water				
59	4	Introductory Sailing	Do	I have assisted with anchoring a small boat				
60	4	Introductory Sailing	Do	I have demonstrated methods to communicate effectively with other crew members				
61	4	Introductory Sailing	Do	I can identify where I have begun to improve my sailing skills, and where I would like to further improve	Review			
62	4	Introductory Sailing	Review	I have checked equipment for damage and discussed if it needs to be repaired or replaced				
63	4	Introductory Sailing	Review	I know how to identify food and water requirements for day trips	Plan Trip			
64	5	Introductory Sailing	Plan	I can select routes that minimise damage to the environment	Plan Trip			
65	5	Introductory Sailing	Plan	I can identify possible hazards associated with sailing and procedures I can take to minimise the risks	Plan Trip			
66	5	Introductory Sailing	Plan	I have planned a day of small boat sailing taking into consideration all personal and group equipment and all requirements for the trip	Plan Trip			
67	5	Introductory Sailing	Plan	I have learnt another two knots since completing Stage 3 that will help me while sailing and have assisted a Stage 3 Scout in learning their knots				
68	5	Introductory Sailing	Plan	I have successfully completed a Provide First Aid (including CPR) course from a recognised provider.				
69	5	Introductory Sailing	Do	I can steer my small sail craft to come along side another object and can make a jetty or beach approach.				
70	5	Introductory Sailing	Do	I have steered a small sail craft on all points of sailing				
71	5	Introductory Sailing	Do	I have helped a Stage 2 or 3 Scout explain the basic safety rules for being near water.	Prepare Safely for Boating Sailing			
72	5	Introductory Sailing	Do	I have reefed a sail, sailed with a reefed sail and taken out a reef.				
73	5	Introductory Sailing	Do	I have created and used a float plan.	Plan Trip			
74	5	Introductory Sailing	Do	I can explain the collision regulations for sailing				
75	5	Introductory Sailing	Do	I can steer a crewed rowing boat using the correct rowing orders —or— I have demonstrated steering a sailboat upwind, bearing off, reaching, and going downwind.				
76	5	Introductory Sailing	Do	I can perform controlled gybes whilst sailing downwind and know how to avoid unexpected gybes				
77	5	Introductory Sailing	Do	I can explain local weather patterns and signs of bad weather				
78	5	Introductory Sailing	Do	I can load a boat with crew and equipment and trim it correctly				
79	5	Introductory Sailing	Do	I have demonstrated competence at all roles on board				
80	5	Introductory Sailing	Do	I have demonstrated proper Man Over Board (MOB) procedures while on the water.				
81	5	Introductory Sailing	Do	I have demonstrated an ability to set the sails using tell tales and leech tails to respond to wind conditions				
82	5	Introductory Sailing	Do	I have undertaken at least five days of sailing on safe, familiar waters by the end of Stage 5				
83	5	Introductory Sailing	Do	I have assisted with basic boat maintenance tasks				
84	5	Introductory Sailing	Do	I can manoeuvre the sailboat properly while giving the proper commands to the crew.				
85	5	Introductory Sailing	Do					
86	5	Introductory Sailing	Do					

87	5	Introductory Sailing	Do	I have participated in a sailboat towing situation			
88	5	Introductory Sailing	Review	I have helped my crew to understand the importance of looking after the boat and rigging, including washing and storing the sails appropriately.			
89	5	Introductory Sailing	Review	I have discussed with my crew what we did well and what we could learn from, to enhance the next sailing trip.	Review		
90	6	Intermediate Sailing	Plan	I understand and have taken the appropriate actions to maintain hydration	Prepare Safely for Boating Sailing		
91	6	Intermediate Sailing	Plan	I can evaluate local sailing hazards and plan accordingly	Plan Trip		
92	6	Intermediate Sailing	Plan	I can explain what a dead run is and the signs that it is occurring			
93	6	Intermediate Sailing	Plan	I understand the use of a trapeze in the context of sailing			
94	6	Intermediate Sailing	Plan	I can give a safety briefing to a new crew before sailing			
95	6	Intermediate Sailing	Plan	I have looked through my float plan from Stage 5 and have adjusted it to lead later in this stage	Plan Trip		
97	6	Intermediate Sailing	Do	I can clearly communicate with my crew to trim the sails and balance the boat on all points of sailing			
98	6	Intermediate Sailing	Do	I can clearly communicate with my crew to synchronize the helm to sail trim and to boat balance.			
99	6	Intermediate Sailing	Do	I can inspect a rigged sailboat and identify faulty boat parts, repairing or replacing items as needed			
100	6	Intermediate Sailing	Do	I have participated in sailing a marked course or competitive sail day			
101	6	Intermediate Sailing	Do	I have used communication devices to communicate with a home party on land			
102	6	Intermediate Sailing	Do	I have sailed on a compass bearing			
103	6	Intermediate Sailing	Do	I have participated in a simulated MOB exercise and I have learnt two methods to recover a person from the water			
104	6	Intermediate Sailing	Do	I have undertaken at least eight days of sailing			
105	6	Intermediate Sailing	Do	I have lead a day sail with a small Patrol with the supervision of a Stage 8 Scout or above	Plan Trip		
106	6	Intermediate Sailing	Do	I can measure distances and plot a safe route on a chart, and determine the true bearing to steer	Plan Trip		
107	6	Intermediate Sailing	Do	I understand spinnaker setting and retrieval techniques			
108	6	Intermediate Sailing	Review	I have looked through my float plan from Stage 5, and have adjusted it, taking into account what I, know from my recent sailing experiences.			
111	6	Intermediate Sailing	Review	I have given a presentation to a group of Scouts in Stage 4 or lower on a sailing activity I have completed.			
112	6	Intermediate Sailing	Review	I can demonstrate the correct maintenance of Scout Group, Scout Centre, borrowed, or my own sailing gear following the conclusion of a sailing activity.			
113	7	Intermediate Sailing	Plan	I have completed Stage 5 of the three core Outdoor Adventure Skills			
114	7	Intermediate Sailing	Plan	With my Patrol, I have developed a hazard assessment and risk control plan detailing how we will deal with injuries, illness, loss of equipment and other potential emergencies on our trip.	Plan Trip		
115	7	Intermediate Sailing	Plan	I have identified situations in which a spinnaker can be used			
116	7	Intermediate Sailing	Plan	I can describe the mechanics of airflow over the sail			
117	7	Intermediate Sailing	Plan	I can describe how to tune a sail boat			
118	7	Intermediate Sailing	Do	I can evaluate geographical and tidal effects of sailing locations	Plan Trip		
119	7	Intermediate Sailing	Do	I have set up communication channels with other craft			
120	7	Intermediate Sailing	Do	I have rigged a spinnaker with the crew and have sailed with it in light to moderate conditions			
121	7	Intermediate Sailing	Do	I have sailed on a trapeze in moderate conditions			
122	7	Intermediate Sailing	Do	I have steered a craft including tack and gybe with a crew on trapeze			
123	7	Intermediate Sailing	Do	I can pick up a tow and manage the boat under tow			
124	7	Intermediate Sailing	Do	I can allow for variation, deviation, set and drift in setting a course	Plan Trip		
125	7	Intermediate Sailing	Do	I can identify lighthouse and beacon information on a chart	Col Regs and Navigation		
126	7	Intermediate Sailing	Do	I have sailed in a keel boat and can perform all roles on board			
127	7	Intermediate Sailing	Do	I understand the racing rules for sailing	Racing		
128	7	Intermediate Sailing	Do	I know the safe use and care of emergency equipment			
129	7	Intermediate Sailing	Do	I have participated in a one- or two-day local regatta			
130	7	Intermediate Sailing	Do	I have participated in an overnight sailing trip			
131	7	Intermediate Sailing	Do	I have assisted a Stage 5 Scout or below with three of their requirements			
132	7	Intermediate Sailing	Do	I have made three different splices at this stage for use on a boat	Knots		
133	7	Intermediate Sailing	Do	I have undertaken at least 15 days of sailing at the completion of Stage 7			

134	7	Intermediate Sailing	Review	I have facilitated a debrief session for a sailing trip I have led at this stage, including positive affirmations of crew member contributions, and offering feedback on areas for improvement.	Review			
135	8	Advanced Sailing	Plan	I can teach proper etiquette for using a marine radio on the water				
136	8	Advanced Sailing	Plan	I have obtained the correct licence for a marine radio if required				
137	8	Advanced Sailing	Plan					
138	8	Advanced Sailing	Plan	I can evaluate meteorological and tidal effects of a new sailing location				
139	8	Advanced Sailing	Plan	I can anticipate variable winds in a marine environment				
140	8	Advanced Sailing	Plan	I can plan for a minimum of a two-night, three-day sailing journey for a Patrol of four or more, looking after all pre-requirements				
141	8	Advanced Sailing	Do	I have organised and run a one- to two- day sailing regatta				
142	8	Advanced Sailing	Do	I have demonstrated roll tacking and gybe manoeuvres in changing conditions				
143	8	Advanced Sailing	Do	I understand the use of drogues				
144	8	Advanced Sailing	Do	I have taught 3 different MOB recovery methods to a Stage 7 Scout or lower				
145	8	Advanced Sailing	Do	I have demonstrated various methods to launch and retrieve a spinnaker on different sized vessels				
146	8	Advanced Sailing	Do	I have undertaken at least 20 days of sailing, including some days in breezes of over 20 knots and at least one overnight sail				
147	8	Advanced Sailing	Do	I have successfully completed a wilderness First Aid course with a certified accreditation agency				
148	8	Advanced Sailing	Do	I have demonstrated competence at boat maintenance tasks with safe use of tools, paints and resins				
149	8	Advanced Sailing	Review	I have helped review the boat maintenance and training program at my Scout Group or				
150	8	Advanced Sailing		Scout Sailing Centre and have taken part in implementing improvements.				
151	9	Advanced Sailing	Plan	I have kept my First Aid qualifications up to date				
152	9	Advanced Sailing	Plan	I have developed a passage plan, based on wind,geography, tides and currents, prior to a sail				
153	9	Advanced Sailing	Do	I have a full understanding of airflow over sails, and have successfully taught the principles of sail trim and helming a small boat to Stage 6 Scouts				
154	9	Advanced Sailing	Do	I have the knowledge to effectively evaluate and adjust both standing and running rigging to improve safety and performance				
155	9	Advanced Sailing	Do	I have undertaken at least 30 days of sailing				
156	9	Advanced Sailing	Do	I have participated in sailing with a spinnaker kit				
157	9	Advanced Sailing	Do	I have lead a sailing journey of two-nights, three- days or more including some night sailing as the responsible activity Leader				
158	9	Advanced Sailing	Do	I have demonstrated my personal development in sailing by one of the following means or a similar standard activity after discussion with my Section council:				
159	9	Advanced Sailing	Do	Take up a crew position on a multi-day ocean race or cruising voyage				
160	9	Advanced Sailing	Do	Take part in a full yacht racing season with a local yacht club				
161	9	Advanced Sailing	Do	Take a leading part in sail training for 12 months at a Scout Group or Scout Sailing Centre				
162	9	Advanced Sailing	Do	Gain an Instructor's Certificate from Sailing Australia and use it to advance sail training at a Scout Group or Scout Sailing Centre				
163	9	Advanced Sailing	Review	I have given a presentation to a group of scouts on the skills I have gained from completing the Boating Outdoor Adventure Skills.				
164	9	Advanced Sailing	Review	I have considered what I would like to do with the level of skill I have gained through the Boating Outdoor Adventure Skills, and discussed it with a trusted mentor.				